

27674 Newhall Ranch Rd C85, Valencia, CA 91355, | tel (661) 812-0251 | thecstudiowellness.com



PRE & POST CARE FOR AEROLASE LASER TREATMENT-

PSORIASIS

**PRE-TREATMENT**

* Notify your practitioner of any medications you have used within the last 6 months. \*Blood thinning medications can hinder the results of vascular treatments.
* Notify your practitioner if you have a history of perioral herpes.
* If applicable, shave or trim any hair in the area to be treated. This will help achieve the best possible results.
* Remove any make-up and/or lotions and make sure that the skin is dry in the area to be treated.

**POST-TREATMENT**

* You may return to your normal daily activities immediately after your treatments, but refrain from vigorous exercise for 3 days post-treatment.
* Avoid extended sun exposure or tanning for at least 1-week post treatment.
* Keep the treatment site moist by reapplying an inert moisturizer multiple times per day for a week after treatment. Should any scabbing occur, do not pick or scratch at the treated skin.
* Immediately after treatment there may be some transient erythema in or adjacent to the treated area, which should resolve within a few days. It may take up to 6 weeks for the affected areas of skin to return to a more normal thickness, but the redness may take up to several months to improve. Typically, maintenance sessions will need to be scheduled for continued improvement of flare ups occur.
* To achieve the best results, complete the full treatment schedule at the intervals recommended by your laser practitioner.

*If your provider has given you instructions deviating from the general recommendations in this document, please follow your provider’s personalized instructions.*

***Questions or concerns?*** *Please call us at (661) 812-0251.*