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PRE & POST CARE FOR AEROLASE LASER TREATMENT-

ROSACEA

**PRE-TREATMENT**

* Notify your practitioner of any medications you have used within the last 6 months. \*Blood thinning medications can hinder the results of vascular treatments.
* Notify your practitioner if you have a history of perioral herpes.
* If applicable, shave or trim any hair in the area to be treated. This will help achieve the best possible results.
* Remove any make-up and/or lotions and make sure that the skin is dry in the area to be treated.

**POST-TREATMENT**

* You may return to your normal daily activities immediately after your treatments, but refrain from vigorous exercise for 3 days post-treatment.
* Avoid extended sun exposure or tanning for at least 1-week post treatment.
* Keep the treatment site moist by reapplying an inert moisturizer multiple times per day for a week after treatment. Should any scabbing occur, do not pick or scratch at the treated skin.
* Pronounced vessels may convert to what looks like a cat-scratch (rust coloring or bruising) from 24 hours up to 2 weeks post-treatment. This is a normal occurrence. Such pronounced vascular lesions may disappear and re-appear for a period of up to 3 months post-treatment.
* Avoid blood thinners for 1-2 weeks post-treatment. Avoid hot showers, baths, saunas and steam rooms for 48 hours post-treatment.
* To achieve the best results, complete the full treatment schedule at the intervals recommended by your laser practitioner.



*If your provider has given you instructions deviating from the general recommendations in this document, please follow your provider’s personalized instructions.*

***Questions or concerns?*** *Please call us at (661) 812-0251.*