

27674 Newhall Ranch Rd C85, Valencia, CA 91355, | tel (661) 812-0251 | thecstudiowellness.com



PRE & POST CARE FOR AEROLASE LASER TREATMENT-

HAIR REMOVAL

**PRE-TREATMENT**

* Notify your practitioner if you have any hormonal conditions, including but not limited to PCOS (Polycystic Ovarian Syndrome), as these conditions tend to cause aggressive hair regrowth after laser treatment.
* Notify your practitioner of any medications you have used within the last 6 months.
* Notify your practitioner if you have a history of perioral herpes.
* Discontinue waxing, tweezing or plucking 3 weeks prior to treatment. Shaving is required 2 days before treatment, as small 2-3 mm stubble of hair MUST be present for the treatment to be effective.
* Remove any make-up and/or lotions and make sure that the skin is dry in the area to be treated.

**POST-TREATMENT**

* You may return to your normal daily activities immediately after your treatments.
* Avoid extended sun exposure or tanning for at least 1-week post treatment.
* Use of a broad spectrum UVA/UVB minimum of SPF 30 is very important after receiving any laser treatment. Remember to reapply throughout the day.
* Continue a regimen of shaving through your course of treatments, 2 days before each treatment session, to ensure any remaining follicles are present at treatment.
* To achieve the best results, complete the full treatment schedule at the intervals recommended by your laser practitioner.



*If your provider has given you instructions deviating from the general recommendations in this document, please follow your provider’s personalized instructions.*

***Questions or concerns?*** *Please call us at (661) 812-0251.*