



The C Studio WELLNESS & SPA

27674 Newhall Ranch Rd C85, Valencia, CA 91355, | tel (661) 812-0251 | thecstudiowellness.com

PRE & POST TREATMENT INFORMATION FOR EXION BODY

We are excited you have chosen to treat with Exion RF Body! We want to ensure you are fully informed of all treatment details and expectations. We also want to make you most comfortable during and after your treatment. Please review the following information and let your provider know if you have any questions or concerns.

TREATMENT PLAN & FREQUENCY OF YOUR TREATMENTS

EXION RF BODY is a series of treatments used to tighten skin and reduce fat using a combination of radio-frequency and ultrasound. The Exion Body is pain-free and there is no downtime.

- We suggest a series of 6 treatments, spaced approximately 2-14 days apart.
- Full results typically take 12 weeks after your last treatment to appear.
- We recommend 1 treatment every 3-6 months for maintenance. If you would like to enhance and maintain your results even further at home, we love Alpharet Overnight Body and Dermafuse LipoElim.

HOW TO PREPARE FOR YOUR EXION BODY TREATMENTS

- You will be asked to undress. Drapes and Towels are provided.
- Hydration is also important for optimal results. Increase water intake 2-3 days prior to the procedure.
- Please inform us if you have any metal implants in or near the area to be treated, as you may not be a candidate.
- Male patients- We may ask you to shave prior to treatment in the area if significant hair is present.
- Please inform us if you have an active skin condition present such as rash or eczema or have a recent sunburn.
- Please also inform us of any recent procedures not performed at our office.
- Fragrance free baby oil will be used during the treatment. If you have an allergy to this product, please let us know.

WHAT TO EXPECT DURING YOUR TREATMENT

You will feel a heating sensation in an area of treatment that is comparable to a hot stone massage.

WHAT TO EXPECT AFTER TREATMENT

Typical recovery time is very minimal if any. Patients can return to their daily routine immediately after the procedure. You may be red or warm to the touch for a few hours or longer after the procedure.

There is the possibility of red marks left behind from the heat. These are superficial and will resolve on their own.

A grounding pad is used during treatment and a small number of patients have reported a temporary itching or rash after the procedure.

Our aim is to make you the most comfortable we can during and after your treatment, however, we cannot provide exact estimates on how long it will take for you to see results or predict exactly how you will respond. Every person is unique, and your response will be as well. Additional treatments or services may be needed to achieve your goals. Please always feel welcome to contact us via email or phone should you have any questions or concerns.

OUR PROMISE TO YOU

Our goal is to make you the most comfortable and informed before, during and after your treatment. However, we cannot provide exact timelines for how long it will take to see results or predict exactly how you will respond. Each person is unique, and your response will be as well. Additional treatments or services may be needed to achieve your final goal.

If your provider has given you instructions deviating from the general recommendations in this document, please follow your provider's personalized instructions.

Questions or concerns? Please call us at (661) 812-0251.